

Service Navigation

Here to help you connect to the right services

“I was having difficulty making ends meet each month, I missed doctors’ appointments because I couldn’t get a ride, I needed to change my insurance because it was too expensive, but I was so overwhelmed.”

The Service Navigator can help adults, aged 60 or have a disability, with the application and enrollment process for services and benefits, including:

- Homecare: meal preparation, housekeeping, bathing, dressing, medication administration, nursing
- Meals on Wheels and home grocery delivery
- Transportation and medical chaperone
- Caregiver support
- Insurance counseling
- Financial benefits enrollment
- Chronic disease self-management
- Application assistance
- Socialization

Service Navigation is provided at no cost to you.

The Agency on Aging Service Navigator can meet with you wherever you feel the most comfortable, at the doctor’s office, over the phone or at your home. Call us at:

203.785.8533



Agency on Aging

OF SOUTH CENTRAL CONNECTICUT

Your Advocate for Independence®